

F4/1160/PI/2023

30/11//2023

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Sri. K.C.SINGH BABA

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Sri. PRAKASH MEHTA
Sri. SADANAND SHETTY

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Sri. FAYYAZ AHMED

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Sri. NAGARAJ. M
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Sri. GOPAL KRISHAN (N)
Sri. S. KOTESHWAR RAO (S)
Sri. C. SWAIN (E)
Sri. SACHIN MATHANE (W)

The Secretary

_____ State Powerlifting Association

Dear Sir,

Calendar of National Championships 2024

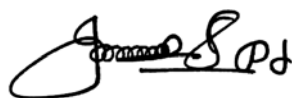
We have pleasure in informing all concerned that the competition Calendar for 2024 has been finalized by the Annual General Body held on 24th November 2023 in Bangalore as under.

1. National Sub Junior, Junior and Senior Classic Powerlifting Championship 2024 to be held during 21 – 28 May 2024 in Odisha.
2. National Sub Junior & Junior Equipped Powerlifting Championship to be held during 16 – 21 June 2024 in Punjab.
3. National Masters Classic & Equipped Powerlifting Championship to be held during 16 – 21 July 2024 in Madhya Pradesh.
4. National Senior Equipped Powerlifting Championship 2024 to be held during 16 – 21 August 2024 in West Bengal.
5. National Classic & Equipped Bench Press Championship to be held during 16 – 21 October 2024 in Goa.
6. Federation Cup Powerlifting Championship to be held during 16 – 19 December 2024 in Uttar Pradesh.
7. Zonal Championships
 - a) South Zone – Tamil Nadu
 - b) North Zone – Jammu & Kashmir
 - c) West Zone - Rajasthan
 - d) East Zone – West Bengal

All the affiliates are advised hold their state championship/internal championships accordingly so that their entries for national and zonal championships can be submitted on time.

Thanking you,

Yours Sincerely,



P. J. Joseph (Arjuna)
Secretary General

